



**August
2024**



Carlisle Area ELEMENTARY LUNCH MENU

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage
Featured Fruit May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME!

DAILY ALTERNATES.



Craveable
Week of 20th: Nachos
Week of 26th: Bread Stick Dippers

Salads
Week of 20th: Garden Salad
Week of 26th: Chicken Ceasar

Student \$3.20
Reduced: \$0.00
Adult \$4.37

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* Contains NO Pork Product

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20 Hot Ham and Cheese on a Pretzel Roll* or Chicken and Mashed Potato Bowl with a Roll Featured Veggies: Mashed Potatoes, Baby Carrots, Featured Fruit, Choice of Milk	21 Fish Tacos on a Soft Tortilla or Nachos Grande Tortilla Chips Featured Veggies: Refried Beans, Tomato and Onion Salad, Featured Fruit, Choice of Milk	22 Breakfast for Lunch Breakfast Wrap or Waffles with Sausage Patties* Featured Veggies: Hash Brown Potato, Cucumber Slices, Featured Fruit, Choice of Milk	23 NO SCHOOL
26 Chicken Patty on a Bun or Beef & Cheese Lasagna w/ Garlic Breadstick Featured Veggies: Steamed Corn, Romaine Salad, Featured Fruit, Choice of Milk	27 Toasted Pepperoni Pizza Flatbread Sandwich or Italian Dunkers with Sauce Featured Veggies: Diced Tomatoes, Savory Zoodles, Featured Fruit, Choice of Milk	28 Italian Meatballs & Cheese on a Roll or Chicken Nuggets w/ Dinner Roll Featured Veggies: Oven Fries, Red Pepper Strips, Featured Fruit, Choice of Milk	29 Beef and Cheese Mac w/ Garlic Breadstick or Walking Taco w/ Pretzel Stick Featured Veggies: Green Beans, Caesar Salad, Featured Fruit, Choice of Milk	30 Hot Dog on a Roll or Hot Turkey Sandwich Featured Veggies: Mashed Potatoes, Green pepper Strips, Featured Fruit, Choice of Milk