



# Carlisle Area Elementary Breakfast February



**Metz**  
CULINARY MANAGEMENT

| Monday<br>2/3/25   | Tuesday<br>2/4/25  | Wednesday<br>2/5/24   | Thursday<br>2/6/24  | Friday<br>2/7/25   |
|--|--|---|---|--|
| Blueberry Poptart<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                                 | Mini Cinni<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                  | Egg, Cheese, & Turkey Sausage Biscut<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk | Double Chocolate Chip Muffin with Graham Cracker<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk | Cinnamon Toast Crunch Cereal<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                  |
| 2/10/25  | 2/11/25  | 2/12/25   | 2/13/25   | 2/14/25  |
| Strawberry Poptart Crazeable<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                      | Breakfast Pizza<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk             | Egg & Cheese Croissant<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk               | Whole Grain Glazed Donut<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                         | NO SCHOOL  |
| 2/17/25  | 2/18/25  | 2/19/25   | 2/20/25   | 2/21/25  |
| NO SCHOOL<br>President's Day<br><br> | Chocolate Chip French Toast<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk | Egg, Cheese, & Turkey Sausage Bagel<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk  | Blueberry Muffin with Graham Cracker<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk             | Cinnamon Rice Chex Cereal with Graham Cracker<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk |
| 2/24/25  | 2/25/25  | 2/26/25   | 2/27/25   | 2/28/25  |
| Strawberry Poptart<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                                | Dutch Waffle<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                | Egg & Cheese Croissant<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk               | Whole Grain Powdered Donuts<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                      | Cocoa Puffs Cereal<br><br>Assorted 100% Fruit Juice or Assorted Fruit<br>Choice of Milk                            |

**What is a Meal?**  
You must choose at least 3 of the 4 components available for the school breakfast price.  
  
Choice of: Grain or grain/protein  
Choice of fruit or vegetable (must take at least a 1/2 cup) and  
Choice of Milk  
Choice of Milk - 1% white, chocolate  
  
You must take at least 1/2 cup of fruit or vegetable

**Fruit May Include:**  
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

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\* Contains NO Pork Product

**All Students Receive FREE Breakfast for School Year      Adult Breakfast \$2.85**

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