



# Carlisle Area Secondary Breakfast February

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2/3/25</b>	<b>2/4/25</b>	<b>2/5/24</b>	<b>2/6/24</b>	<b>2/7/25</b>
Pancake Breakfast Sandwich  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Sticks w/ Syrup & Scrambled Eggs  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Asst Omelets & Muffins  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Philly Steak, & Cheese Bagel  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Bowl  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
<b>2/10/25</b>	<b>2/11/25</b>	<b>2/12/25</b>	<b>2/13/25</b>	<b>2/14/25</b>
Breakfast Pizza  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Banana Split  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Crispy Chicken Breakfast Bowl  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Sausage, & Cheese Donut  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	NO SCHOOL
<b>2/17/25</b>	<b>2/18/25</b>	<b>2/19/25</b>	<b>2/20/25</b>	<b>2/21/25</b>
NO SCHOOL President's Day 	Tie Dye Donuts  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Cinnamon Roll  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Ham, & Cheese Croissant  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Casserole  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
<b>2/24/25</b>	<b>2/25/25</b>	<b>2/26/25</b>	<b>2/27/25</b>	<b>2/28/25</b>
Waffle Breakfast Sandwich  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Casserole  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Peaches & Cream Smoothie Bowl  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Philly Steak, & Cheese Bagel  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Burrito w/ Salsa  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk

**What is a Meal?**

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein  
Choice of fruit or vegetable (must take at least a 1/2 cup) and  
Choice of Milk  
Choice of Milk - 1% white, chocolate

You must take at least 1/2 cup of fruit or vegetable

**Whole Grain Cereal Selection May Include:**

Cinnamon Toast Crunch  
Lucky Charms  
Cocoa Puffs  
Cheerios  
Apple Cinnamon Cheerios  
Frosted Flakes

Served with Graham Crackers

**Other Grain Options May Include:**

Mini Cinnis, Asst. Strudels, Asst. Muffins, Asst. Breads, Mini Pancakes, Mini Waffles, Mini Bagels, Mini French Toast

**Fruit May Include:**

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

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USDA is an equal opportunity provider and employer.

**All Students Receive FREE Breakfast for School Year      Adult Breakfast \$2.85**