

MAY 2025



# CARLISLE AREA ELEMENTARY LUNCH MENU



**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
Meal or meal alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine and spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers  
**Beans/Peas**  
**Starchy** - white potatoes, corn, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage  
**Featured Fruit May Include:** oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!**  
**DAILY ALTERNATES.**  
**Fresh Entree Salad of the Week**



**Craveables**  
Week of 1st: Nugget Dipper  
Week of 5th: Super Fruit  
Week of 12th: Nacho  
Week of 19th: Muffin & Yogurt  
Week of 26th: Pizza


**Salads/Sandwiches**  
Week of 1st: Turkey Chef Salad  
Week of 5th: Chicken Salad Sand.  
Week of 12th: Crispy Chicken Salad  
Week of 19th: Turk and Cheese Sand.  
Week of 26th: Garden Salad

**Always Available: Sunbutter Uncrustable Craveable**

Questions please ask your Teacher  
Lunch Prices  
Student \$3.20  
Reduced FREE  
Adult \$4.37

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\* Contains NO Pork Product  
^ Gluten Free Version Available

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Pizza Friday!
			<b>1</b> Chicken Patty on a Bun <b>Featured Veggies:</b> Mixed Vegetables Celery Sticks Featured Fruit Choice of Milk	<b>2</b> Cheesy Pizza ^ <b>Featured Veggies:</b> BBQ Cauliflower Baby Carrots Featured Fruit Choice of Milk
<b>5</b> <b>Breakfast for Lunch</b> French Toast Sticks w/ Turkey Sausage <b>Featured Veggies:</b> Hashbrown Cucumber Slices Featured Fruit Choice of Milk	<b>6</b> Nachos Grande^ <b>Featured Veggies:</b> Ranch Refried Beans Fresh Pico De Gallo Yogurt Tossed Grapes Choice of Milk	<b>7</b> Hot Dog on a roll^ <b>Featured Veggies:</b> Smiley Fries Grape Tomatoes Featured Fruit Choice of Milk	<b>8</b> Cowboy Burger <b>Featured Veggies:</b> Baked Beans Baby Carrots Flavored Applesauce Choice of Milk	<b>9</b> French Bread Cheese Pizza <b>Featured Veggies:</b> Buffalo Cauliflower Celery Sticks Featured Fruit Choice of Milk
<b>12</b> Cheesy Breadsticks <b>Featured Veggies:</b> Mixed Vegetables Marinara Sauce Featured Fruit Choice of Milk	<b>13</b> Pierogies w/ Turkey Bacon & Cheese Sauce <b>Featured Veggies:</b> Ranchero Carrots Salsa Flavored Applesauce Choice of Milk	<b>14</b> Chicken Nuggets w/ Dinner Roll <b>Featured Veggies:</b> Waffle Fries Chick Pea Salad Featured Fruit Choice of Milk	<b>15</b> General Tso's Chicken Over Rice <b>Featured Veggies:</b> Steamed Broccoli Celery w/ Ranch Featured Fruit Choice of Milk	<b>16</b> Cheesy Pizza ^ <b>Featured Veggies:</b> Steamed Cauliflower Cucumber Slices Featured Fruit Choice of Milk
<b>19</b> <b>Breakfast for Lunch</b> Waffles w/ Turkey Sausage <b>Featured Veggies:</b> Hashbrown Cucumber Slices Featured Fruit Choice of Milk	<b>20</b> Beef Walking Taco^ <b>Featured Veggies:</b> Mexicali Corn Grape Tomatoes Sour Candy Pears Choice of Milk	<b>21</b> Turkey Bacon Cheeseburger^ <b>Featured Veggies:</b> Baked Beans Let, Tom, Onion Featured Fruit Choice of Milk	<b>22</b> Popcorn Chicken w/ Dinner Roll <b>Featured Veggies:</b> Mashed Potatoes w/ Gravy Buttered Corn Candied Apples Choice of Milk	<b>23</b> Turkey Pepperoni Pizza ^ <b>Featured Veggies:</b> Roasted Broccoli Grape Tomatoes Featured Fruit Choice of Milk
<b>26</b> <b>MEMORIAL DAY</b> NO SCHOOL 	<b>27</b> Nachos Grande^ <b>Featured Veggies:</b> Ranch Refried Beans Chef Choice Vegetable Featured Fruit Choice of Milk	<b>28</b> Chicken Patty on a Bun <b>Featured Veggies:</b> Smiley Fries Chef Choice Vegetable Featured Fruit Choice of Milk	<b>29</b> Macaroni & Cheese <b>Featured Veggies:</b> Roasted Broccoli Chef Choice Vegetable Featured Fruit Choice of Milk	<b>30</b> Cheesy Pizza ^ <b>Featured Veggies:</b> Chef Choice Hot Vegetable Chef Choice Vegetable Featured Fruit Choice of Milk