



# Carlisle Area Secondary Breakfast May



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>5/1/25</b>	<b>5/2/25</b>
			Egg, Philly Steak, & Cheese Bagel  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Bowl  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
<b>5/5/25</b>	<b>5/6/25</b>	<b>5/7/25</b>	<b>5/8/25</b>	<b>5/9/25</b>
Waffle Breakfast Sandwich  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Banana Split  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Crispy Chicken Breakfast Bowl  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Ham, & Cheese Croissant  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Pizza  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
<b>5/12/25</b>	<b>5/13/25</b>	<b>5/14/25</b>	<b>5/15/25</b>	<b>5/16/25</b>
Egg, Philly Steak, & Cheese Bagel  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Tie Dye Donuts  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Pancake Breakfast Sandwich  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Asst Omelets & Muffins  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Sticks w/ Syrup & Scrambled Eggs  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
<b>5/19/25</b>	<b>5/20/25</b>	<b>5/21/25</b>	<b>5/22/25</b>	<b>5/23/25</b>
Egg, Sausage, & Cheese Donut  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Pizza  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Pancakes w/ Sausage  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Ham, & Cheese Croissant  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Banana Split  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
<b>5/26/25</b>	<b>5/27/25</b>	<b>5/28/25</b>	<b>5/29/25</b>	<b>5/30/25</b>
<b>MEMORIAL DAY</b>  NO SCHOOL  	Egg, Philly Steak, & Cheese Bagel  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Sticks w/ Syrup  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Pancake Breakfast Sandwich  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Bowl  Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk

**What is a Meal?**  
You must choose at least 3 of the 4 components available for the school breakfast price.  
  
Choice of: Grain or grain/protein  
Choice of fruit or vegetable (must take at least a 1/2 cup) and  
Choice of Milk  
Choice of Milk - 1% white, chocolate  
  
You must take at least 1/2 cup of fruit or vegetable

**Whole Grain Cereal Selection May Include:**  
  
Cinnamon Toast Crunch  
Lucky Charms  
Cocoa Puffs  
Cheerios  
Trix  
Chex  
  
Served with Graham Crackers

**Other Grain Options May Include:**  
  
Mini Cinnis, Asst. Strudels, Asst. Muffins, Asst. Breads, Mini Pancakes, Mini Waffles, Mini Bagels, Mini French Toast

**Fruit May Include:**  
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

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**All Students Receive FREE Breakfast for School Year      Adult Breakfast \$2.85**

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