



Carlisle Area Secondary Breakfast November

Monday	Tuesday	Wednesday	Thursday	Friday
				11/1/24
				Egg, Sausage, & Cheese Biscuit Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
11/4/24	11/5/24	11/6/24	11/7/24	11/8/24
Waffle Breakfast Sandwich Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Casserole Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Apple Pie Smoothie Bowl Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Ham, & Cheese Bagel Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Burrito w/ Salsa Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
11/11/24	11/12/24	11/13/24	11/14/24	11/15/24
Breakfast Pizza Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Apple Cinnamon Oatmeal Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Asst. Omelets & Muffins Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Sausage, & Cheese Crissosant Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Bowl Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
11/18/24	11/19/24	11/20/24	11/21/24	11/22/24
Pancake Breakfast Sandwich Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Sticks Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Peaches & Cream Smoothie Bowl Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Bacon, & Cheese English Muffin Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Casserole Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
11/25/24	11/26/24	11/27/24	11/28/24	11/29/24

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk
Choice of Milk - 1% white, chocolate

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Lucky Charms
Cocoa Puffs
Cheerios
Apple Cinnamon Cheerios
Frosted Flakes

Served with Graham Crackers

Other Grain Options May Include:

Mini Cinnis, Asst. Strudels, Asst. Muffins, Asst. Breads, Mini Pancakes, Mini Waffles, Mini Bagels, Mini French Toast

Fruit May Include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges



HAPPY THANKSGIVING BREAK



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USDA is an equal opportunity provider and employer.

All Students Receive FREE Breakfast for School Year **Adult Breakfast \$2.85**