Carlisle Area School District | BREAKFAST MENU

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chocolate Chip French Toast	2 NO SCHOOL
5 Mini Cinni Rolls	6 Chocolate Donuts	7 Egg, Turkey Sausage & Cheese on Bagel	8 Cherry Strudel	9 Bagel filled with Cinnamon Cream Cheese
12 NO SCHOOL	13 Banana Muffin with Graham Cracker	14 Pancake with Turkey Sausage on a Stick	15 Chocolate Chip French Toast	16 Cinnamon Waffles
19 Cinnamon Rolls	20 Strawberry Poptart	21 Egg & Cheese Croissant	22 Strawberry Cream Cheese Filled Bagel	23 Dutch Waffle
26 Glazed Dunkin Sticks	27 Blueberry Muffin with Graham Cracker	28 Pancake with Turkey Sausage on a Stick	29 Chocolate Chip French Toast	30 Apple Strudel

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	FREE
Adult	$3.05

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free

Whole Grain Cereals
Cinnamon Toast Crunch, Trix, Cocoa Puffs, Chex

Choice of Fruit
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk
1% white, fat-free chocolate, fat-free strawberry
Lactaid Milk available upon request

Cereal of the Day:

Served with Graham Cracker

Monday:
Cinnamon Toast Crunch

Tuesday:
Trix

Wednesday:
Cheerios (GF)

Thursday:
Cocoa Puffs

Friday:
Trix

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES