



CARLISLE AREA SECONDARY LUNCH - APRIL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Texas Smokehouse! Dry Rubbed BBQ Chicken, Smoked Sausage, Pork, Spiced Wings. Choice of Texas Toast, Garlic Knot, and a variety of BBQ sauces

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk

Chicken Tikka Masala Over Rice
FEATURED VEGGIES
Roasted Beets
Curried Chickpea Salad
Choice of Fruit
Choice of Milk

Happy PB & J Day!
French Toast Peanut Butter & Jelly Sand
FEATURED VEGGIES
Maple Carrots
Celery Sticks
Choice of Fruit
Choice of Milk

GRILL DAY
Crispy Chicken Sliders
FEATURED VEGGIES
Waffle Fries
Homemade Potato Salad
Choice of Fruit
Choice of Milk

Buffalo Chicken Dip Over Tortilla Chips
FEATURED VEGGIES
Rachero Carrots
Garden Side Salad
Choice of Fruit
Choice of Milk

7

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11



Noodle Bar! Meatballs, Pulled Pork, Taco Meat, Alfredo, Cajun Alfredo, Marinara, Homemade Cheese Sauce.

Taco Tater Tot Bowl^A
FEATURED VEGGIES
Tater Tots
Corn Salad
Choice of Fruit
Choice of Milk

Chicken Bruschetta Sandwich on Taosted Rosemary Focaccia
FEATURED VEGGIES
Roasted BBQ Cauliflower
Fresh Bruschetta
Choice of Fruit
Choice of Milk

Cajun Fish Tacos
FEATURED VEGGIES
Italian Roasted Vegetables
Cole Slaw
Choice of Fruit
Choice of Milk

GRILL DAY
Chicken or Beef Philly Cheesesteak on Toasted Baguette^A
FEATURED VEGGIES
Crinkle Cut Oven Fries
Roasted Peppers & Onions
Choice of Fruit
Choice of Milk

Bison Herd Chicken Bowl w/ Dinner Roll
FEATURED VEGGIES
Mashed Potatoes
Steamed Corn
Choice of Fruit
Choice of Milk

14

15

16

17

18



Loaded! Loaded Baked Potatoes, Nachos, Burger Bar, Fries or Tater Tots, and Loaded Pierogies

Hawaiian Meatballs w/ Rice
FEATURED VEGGIES
Roasted Broccoli
Cucumber Slices
Choice of Fruit
Choice of Milk

Penne Marinara w/ Meatballs Garlic Toast
FEATURED VEGGIES
Steamed Broccoli
Fresh Cauliflower
Choice of Fruit
Choice of Milk

Cheesy Breadsticks
FEATURED VEGGIES
Buttered Corn
Marinara Sauce
Choice of Fruit
Choice of Milk

SPRING RECESS NO SCHOOL

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21

22

23

24

25



Poblanos Mex - American! Fajitas, Walking Tacos, Burrito Bowls, Quesidillas, Taco Bar, Ranch Refried Beans, Rice, Mexicali Corn and Variety of Salsas

SPRING RECESS NO SCHOOL

General Tso's Chicken Served Over White Rice
FEATURED VEGGIES
Steamed Broccoli
Chick Pea Salad
Choice of Fruit
Choice of Milk

Chicken Alfredo w/ Breadstick
FEATURED VEGGIES
Buffalo Cauliflower
Cherry Tomatoes
Choice of Fruit
Choice of Milk

GRILL DAY
Beef Gyro
FEATURED VEGGIES
Waffle Fries
Let, Onion, Tomato
Choice of Fruit
Choice of Milk

NO SCHOOL

28

29

30



Asian Bar! Noodle Bowl, Fried Rice Bar, Sweet and Sour Chicken, Beef & Broccoli, Curry Bar

Meatball Grinder
FEATURED VEGGIES
Curly Fries
Baby Carrots
Choice of Fruit
Choice of Milk

Southwest Chicken Potato Bowl
FEATURED VEGGIES
Mexicali Corn
Mashed Potatoes
Choice of Fruit
Choice of Milk

Classic Toasted Grilled Cheese^A
FEATURED VEGGIES
Tomato Soup
Broccoli Florets
Choice of Fruit
Choice of Milk

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Cheese or Pepperoni Pizza



Daily Options May Include:

Vegetable Garden Salad w / roll
Chef's Salad w/ roll
Greek Salad w/ Roll
Taco Salad w/ Roll
Strawberry Spinach Salad w/ Roll
Ham & Cheese Wrap
Buffalo Chicken Wrap
Turkey & Cheese Wrap



LUNCH PRICES:

Student \$3.20
Reduced FREE
Adult \$4.37

^A Gluten Free Version Available

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