



# CARLISLE AREA SECONDARY LUNCH - JUNE

MONDAY

2

TUESDAY

3

WEDNESDAY

4

THURSDAY

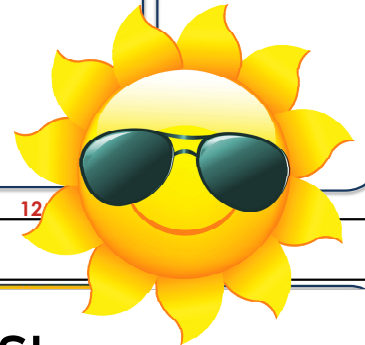
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FRIDAY

6

**BRAVO!**  
Noodle Bar! Meatballs, Pulled Pork, Taco Meat, Alfredo, Cajun Alfredo, Marinara, Homemade Cheese Sauce.

<p>Chef Choice!</p> <p><b>FEATURED VEGGIES</b> Chef Choice Hot Vegetable Chef Choice Vegetable Choice of Fruit Choice of Milk</p>	<p>Chef Choice!</p> <p><b>FEATURED VEGGIES</b> Chef Choice Hot Vegetable Chef Choice Vegetable Choice of Fruit Choice of Milk</p>	<p>1/2 Day! Bagged Lunch</p> <p>Make sure you sign up!</p> <p>Choice of Milk</p>		
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**BRAVO!**

**CONGRATS SENIORS!  
HAVE A SAFE & GREAT SUMMER!**

**BRAVO!**

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**BRAVO!**

			GRILL DAY	
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**BRAVO!**

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### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

### Daily Vegetable Choices May Include:

- Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

- Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

### Leave Your Lunch at Home

- Daily entrée options may include:
  - Cheese Burger on a Bun
  - Chicken Patty on a Bun
  - Cheese or Pepperoni Pizza



### Daily Options May Include:

- Vegetable Garden Salad w / roll
- Chef's Salad w/ roll
- Ceasar Salad w/ roll
- Ham & Cheese Wrap
- Buffalo Chicken Wrap
- Turkey & Cheese Wrap



### LUNCH PRICES:

- Student \$3.20
- Reduced FREE
- Adult \$4.37

^ Gluten Free Version Available

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