



Carlisle Area Secondary Breakfast December

Monday 12/2/24	Tuesday 12/3/24	Wednesday 12/4/24	Thursday 12/5/24	Friday 12/6/24
NO SCHOOL	Pancake Breakfast Sandwich Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Baked Chocolate Chip Oatmeal Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Sausage, & Cheese Crissosant Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Bowl Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
12/9/24	12/10/24	12/11/24	12/12/24	12/13/24
Waffle Breakfast Sandwich Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Casserole Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Peaches and Cream Smoothie Bowl Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Egg, Philly Steak, & Cheese Bagel Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Breakfast Burrito w/ Salsa Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk
12/16/24	12/17/24	12/18/24	12/19/24	12/20/24
Breakfast Pizza Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	French Toast Sticks w/ Syrup Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	Asst. Omelets & Muffins Assorted 100% Fruit Juice or Assorted Fruit Choice of Milk	NO SCHOOL	NO SCHOOL
12/23/24	12/24/24	12/25/24	12/26/24	12/27/24
WINTER BREAK				
12/30/24	12/31/24			
NO SCHOOL	NO SCHOOL			



What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk
Choice of Milk - 1% white, chocolate

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:

- Cinnamon Toast Crunch
- Lucky Charms
- Cocoa Puffs
- Cheerios
- Apple Cinnamon Cheerios
- Frosted Flakes

Served with Graham Crackers

Other Grain Options May Include:

- Mini Cinnis, Asst. Strudels, Asst. Muffins, Asst. Breads, Mini Pancakes, Mini Waffles, Mini Bagels, Mini French Toast

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

General Manager
ma1154@metzcorp.com
717-240-6800 ext. 26804

All Students Receive FREE Breakfast for School Year **Adult Breakfast \$2.85**

USDA is an equal opportunity provider and employer.