Carlisle Area School District | LUNCH MENU

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Bruschetta Sandwich Mozzarella Bruschetta Sandwich (V) **Ranchero Carrots** **Fresh Bruschetta**	**3** Chicken Caesar Waffle Fries with Dinner Rolls **Waffle Fries** **Tossed Salad**	**4** Hot Ham & Cheese Pretzel Melt **Vegetable Soup** **Chickpea Salad**	**5** Chicken Cheesesteak Birria Beef Cheesesteak with Pickled Red Onions **Sauteed Peppers & Onions** **Fresh Grape Tomatoes**	**6** Italian Dunkers with Marinara (V) **Steamed Green Beans** **Cucumber Slices**
9 General Tso's Chicken over Brown Rice **Steamed Broccoli** **Romaine Salad**	**10** Beef or Chicken Enchilada Black Bean Enchilada (V) **Mexicali Corn** **Fresh Pico de Gallo**	**11** Toasted Cheese Sandwich **Tomato Soup** **Cucumber Slices**	**12** **Thanksgiving Meal** Roasted Turkey Stuffing & Green Beans Mashed Potatoes and Gravy Cranberry Sauce Seasonal Dessert	**13** Chicken Rosa Sandwich **Steamed Carrots** **Chickpea Salad**
16 Italian Meatball Parm Sandwich **Roasted Broccoli** **Baby Carrots**	**17** Korean Pork with Lo Mein Noodles **Teriyaki Green Beans** **Side Salad**	**18** Double Dogs with Toppings **Curly Fries** **Baked Beans**	**19** Variety of Toasted Crafted Flatbreads Cheese Flatbread Quesadilla (V) **Steamed Garden Peas** **Tomato Mozzarella Salad**	**20** Cheeseburger Tater Tot Bowl **Tater Tots** **Chickpea Salad**
23	**24**	**25**	**26**	**27**
30 NO SCHOOL				

HAPPY THANKSGIVING BREAK!

MAKE IT A MEAL!
Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$3.20
Reduced Student	FREE
Adult	$4.50

Available Daily
Grill, Deli, Pizza, and Chef Fresh Items

Fruit & Veggie Selection
Hot Vegetables | Leafy Green Salads | Composed Bean Salad | Seasonal Fresh Vegetables | 100% Fruit Juice | Canned Fruit in Light Syrup | Seasonal Fresh Fruit

Students may choose two ½ cup servings.

Milk Selection
1% white, fat-free chocolate, fat-free strawberry
Lactaid Milk available upon request

Your Dining Services Team
Michael Carbone
General Manager
(717) 240-6800 ext. 26804
ma1154@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

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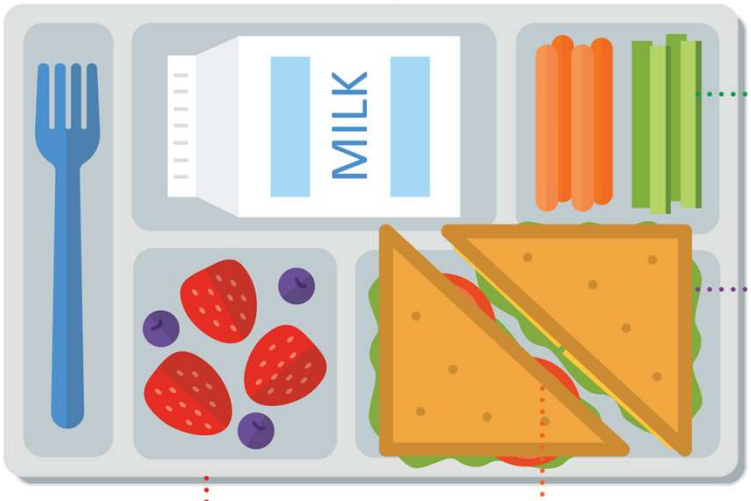

MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or ½ cup serving of vegetables must accompany a school lunch.

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

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Daily Specials

WEEK OF NOVEMBER 2nd – 6th

bravo!

WEEKLY FEATURE

Breakfast Bar
Breakfast dishes all week long!

Monday: Pancake Bar
Tuesday: Country Gravy with Biscuits
Wednesday: Homemade French Toast Bar
Thursday: Loaded Breakfast Bowl
Friday: Breakfast Sandwich Bar

cheffresh

Variety of Options:
- Salads (Garden, Buffalo Chicken, Chef, etc.)
- Parfaits (Blueberry, Strawberry, Chocolate, etc.)
- Peanut Butter Uncrustables (Strawberry or Grape)

Wilson & Lamberton
Various Wraps and Sandwiches Available

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Grille

Offered Daily:
- **Crispy Chicken Sandwich**
- **Spicy Crispy Chicken Sandwich**
- **Grilled Beef Patty Burger**

Topping for sandwiches always available

deli

McGowan & Swartz ONLY

Made-To-Order Wraps and Sandwiches
Available Everyday

Pizza

OFFERED DAILY:
Cheese and Pepperoni

Swartz & McGowan
Monday: Chicken, Bacon, Ranch Pizza
Tuesday: Italian Stromboli
Wednesday: Stuffed Crust Pizza
Thursday: Buffalo Chicken Stromboli
Friday: Veggie Pizza

Wilson & Lamberton
Monday: BBQ Chicken Pizza
Tuesday: Chicken, Bacon, Ranch Pizza
Wednesday: Meat Lovers
Thursday: Buffalo Chicken Pizza
Friday: Veggie Pizza

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Daily Specials

WEEK OF NOVEMBER 9th – 13th

bravo!

WEEKLY FEATURE

Pasta Bar

Choice of two daily pasta, alternating daily sauces, and parmesan cheese

Accompaniments: Served with fresh bruschetta and fresh baked bread

Monday: Italian Pasta Bar
Tuesday: Macaroni & Cheese Bar
Wednesday: Italian Pasta Bar
Thursday: Thanksgiving Meal
Friday: Italian Pasta Bar

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Daily Specials

WEEK OF NOVEMBER 16th – 20th

bravo!

WEEKLY FEATURE

Poblano's Mex-American

Choice of soft- or hard-shell tortillas or tortilla chips with choice of meat or meat alternative

Accompaniments: Topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas

Monday: Nachos Grande
Tuesday: Walking Tacos
Wednesday: Quesadillas
Thursday: Burritos or Bowl
Friday: Taco Bar

cheffresh

Variety of Options:
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