



# Carlisle Secondary School Lunch Menu

## August 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY  
1-Aug

FRIDAY  
2-Aug



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5-Aug

6-Aug

7-Aug

8-Aug

9-Aug



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12-Aug

13-Aug

14-Aug

15-Aug

16-Aug



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19-Aug

20-Aug

21-Aug

22-Aug

23-Aug



**Pasta! Choice of two daily pastas, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese**

	<p>Entrée General Tso's Chicken over Brown Rice</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>Entrée Beef Enchilada</p> <p><b>FEATURED VEGGIES</b> Curly Fries Black Bean Salad Choice of Fruit Choice of Milk</p>	<p>Entrée Hand Breaded Italian Chicken w/ Roll</p> <p><b>FEATURED VEGGIES</b> Savory Zoodles Tomato Mozzarella Salad Choice of Fruit Choice of Milk</p>	NO SCHOOL
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26-Aug

27-Aug

28-Aug

29-Aug

30-Aug



**Poblanos Mex-American! Choice of soft or hard-shell Tortillas, Tortilla Chips, Seasoned Beef, Chicken, or Pork, Nacho Cheese, topped with Ranch Refried Beans, Rice, Mexican Corn and a variety of salsas**

<p>Entrée Classic Toasted Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Tomato Soup Celery Sticks Choice of Fruit Choice of Milk</p>	<p>Entrée Popcorn Chicken Mashed Potato Bowl w/ Dinner Roll</p> <p><b>FEATURED VEGGIES</b> Steamed Corn Broccoli Salad Choice of Fruit Choice of Milk</p>	<p>Entrée Italian Meatball and Cheese on a Toasted Baguette</p> <p><b>FEATURED VEGGIES</b> Green Beans Baby Carrots Choice of Fruit Choice of Milk</p>	<p>Entrée Roasted Pork &amp; Quinoa Chimichuri Bowl W/ Feta and Green Onions</p> <p><b>FEATURED VEGGIES</b> Roasted Pepper &amp; Onion Cilantro Lime Slaw Choice of Fruit Choice of Milk</p>	<p>Entrée Cowboy Burger/ Cheese, Onion Rings, and Hickory Smoke BBQ Sauce</p> <p><b>FEATURED VEGGIES</b> Curly Fries Sliced Cucumbers Choice of Fruit Choice of Milk</p>
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### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

### Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

### Leave Your Lunch at Home

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Chicken Nuggets with Pretzel Stick  
Cheese or Pepperoni Pizza

### Daily Options may Include:

Vegetable Garden Salad w/ roll  
Ham or Turkey Salad w/ Roll  
Chef's Salad w/ roll  
Greek Salad w/ Roll  
Strawberry Spinach Salad w/ Roll  
Caprese Pasta Salad with Roll  
Ham & Cheese Wrap or Turkey and Swiss on Baguette  
Buffalo chicken Wrap  
Taco Chicken Roll  
Chicken Caesar Roll  
Roast Beef and Cheddar Wrap  
Italian Wrap



### LUNCH PRICES:

Student \$3.20  
Reduced \$.00  
Adult \$4.37

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